

Good Works 8th Annual

WALK for the Homeless



For more Information

**Call Cory at Good Works,
594-3339**

Or Email goodworks@good-works.net

**Also, visit us on the Internet at
www.walkforthehomeless.net**

Help Raise Awareness
And Funds for Ohio's
Rural Homeless

Saturday January 16, 2010

Registration begins at 8:30 am

The Walk starts at 9:00 am

and ends at 1:00 pm

First United Methodist Church

2 South College St, Athens

What is it?

A fun-walk to educate the public (children, youth and adults) about the reality of homelessness and poverty in southeastern Ohio and to generate needed financial support for the Good Works Timothy House, a shelter for the rural homeless in Athens, Ohio.

How will the money be used?

All the money raised by individuals participating in the Walk will be used to assist the homeless through the Timothy House Shelter for the rural homeless.

What is Good Works?

Since 1981 Good Works has been providing emergency shelter and transitional housing for the rural homeless and others struggling with poverty in southeastern Ohio. Good Works is a faith-based, 501(c)3, non-profit organization.

How can I get involved?

Participate in the Walk on January 16, 2010. We are asking each participant to find 10 people who will sponsor them on the Walk by donating \$10 each. Encourage at least three friends to participate in the Walk with you. Ask each of your friends to find 10 sponsors of their own.

For more information, call Cory at 594-3339.



Good Works Inc.

A Community of Hope Since 1981

P.O. Box 4, Athens, Ohio 45701

(740) 594-3339

www.good-works.net



Instructions for Walkers

Fund Raising

1. Set your own personal goal for what you want to raise. We suggest \$100.00, but you may certainly feel free to raise as much as you can!
2. Write a list of those you will ask to sponsor you. Try friends, relatives, classmates, co-workers, church members and neighbors.
3. As you start receiving contributions from your sponsors, remember that **all donations to Good Works Inc. are tax-deductible**. So please give a receipt (these are included in your fundraising packet) to any donor who requests one. You can also remind your sponsor that a canceled check serves as proof of donations under \$250.00
4. Have you run out of sponsor records or donor receipts? Do you need some fliers to pass around town? All of these are available on our website: www.walkforthehomeless.net. Simply follow the instructions to download additional forms. If you are using dial-up, downloading may take some time. (Forms may also be requested by calling 594-3339. Ask for Cory). Encourage all of your sponsors to have a look at our website. Also, visit Good Works home site at www.good-works.net for more information about homelessness and poverty, and how we work to address these issues.
5. Encourage all of your sponsors to attend the Walk for the Homeless themselves, and to raise support from their own sponsors. To obtain fundraising materials, simply contact us using the information above.

Please remember that you are responsible for all the money that you raise. Please keep it safe.

At the Walk

1. Registration for the Walk begins promptly at 8:30 am. The Walk will begin at 9:00.
2. Please bring your fundraising pack (including your sponsor records and donations) with you and check in before the Walk at the registration tables.
3. Please dress warmly in layers for the Walk.
4. There will be free parking at the Athens City Parking Garage, next to First United Methodist Church.
5. There will be a rice and beans lunch to follow.



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8:30 am to 1:00 pm
Begins and ends at
First United Methodist Church
2 South College St, Athens

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to the Homeless.
Get sponsors
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1 Name _____
 Address _____

 Email _____
 Phone _____
 \$10 Other Amt. _____
 Cash Check

2 Name _____
 Address _____

 Email _____
 Phone _____
 \$10 Other Amt. _____
 Cash Check

3 Name _____
 Address _____

 Email _____
 Phone _____
 \$10 Other Amt. _____
 Cash Check

4 Name _____
 Address _____

 Email _____
 Phone _____
 \$10 Other Amt. _____
 Cash Check

Extra Sponsor Records

Fill out a sponsor record for each person who gives you a donation (all checks should be made out to Good Works Inc.). Put this form and all of your donations into an envelope and turn in everything when you check in at the Walk.

5 Name _____
 Address _____

 Email _____
 Phone _____
 \$10 Other Amt. _____
 Cash Check

6 Name _____
 Address _____

 Email _____
 Phone _____
 \$10 Other Amt. _____
 Cash Check

7 Name _____
 Address _____

 Email _____
 Phone _____
 \$10 Other Amt. _____
 Cash Check

8 Name _____
 Address _____

 Email _____
 Phone _____
 \$10 Other Amt. _____
 Cash Check

9 Name _____
 Address _____

 Email _____
 Phone _____
 \$10 Other Amt. _____
 Cash Check

10 Name _____
 Address _____

 Email _____
 Phone _____
 \$10 Other Amt. _____
 Cash Check





Gift Receipt

Name of Sponsor

\$ _____
Total Amount of Gift

_____ Date

_____ Signature of Sponsor

_____ Signature of Fund Raiser

Please make checks payable to
Good Works Inc.

A receipt will only be issued
when money is received.

Your gift is tax-deductible.
No goods or services were
provided in exchange
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Thank you!



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Hunger Facts: Domestic

Hunger persists in the U.S.

- 38.2 million people—including 13.9 million children—live in households that experience hunger or the risk of hunger. This represents more than one in ten households in the United States (11.9 percent). This is an increase of 1.9 million, from 36.3 million in 2003.
- 3.9 percent of U.S. households experience hunger. Some people in these households frequently skip meals or eat too little, sometimes going without food for a whole day. 10.7 million people, including 545 thousand children, live in these homes.'
- 8.0 percent of U.S. households are at risk of hunger. Members of these households have lower quality diets or must resort to seeking emergency food because they cannot always afford the food they need. 27.5 million people, including 10.6 million children, live in these homes.
- Research shows that preschool and school-aged children who experience severe hunger have higher levels of chronic illness, anxiety and depression, and behavior problems than children with no hunger.

Churches and charities are straining to serve rising requests for food from their pantries and soup kitchens, especially from working people.

- **The U.S. Conference of Mayors** reports that in 2005 **requests for emergency food** assistance increased an **average of 12 percent**. The study also found that 54 percent of those requesting emergency food assistance were members of families with children and that 40 percent of adults requesting such assistance were employed. High housing costs, low-paying jobs, unemployment, and the economic downturn led the list of reasons contributing to the rise.

Hunger Facts: International

World Hunger and Poverty: How They Fit Together

- 852 million people across the world are hungry, up from 842 million a year ago.
- Every day, more than 16,000 children die from hunger-related causes--one child every five seconds.
- In essence, hunger is the most extreme form of poverty, where individuals or families cannot afford to meet their most basic need for food.
- Hunger manifests itself in many ways other than starvation and famine. Most poor people who battle hunger deal with chronic undernourishment and vitamin or

mineral deficiencies, which result in stunted growth, weakness and heightened susceptibility to illness.

- Countries in which a large portion of the population battles hunger daily are usually poor and often lack the social safety nets we enjoy, such as soup kitchens, food stamps, and job training programs. When a family that lives in a poor country cannot grow enough food or earn enough money to buy food, there is nowhere to turn for help.

Facts and Figures on Population

- Today our world houses 6.55 billion people.
- The United States is a part of the developed or industrialized world, which consists of about 57 countries with a combined population of only 0.9 billion, less than one sixth of the world's population.
- In contrast, approximately 5 billion people live in the developing world. This world is made up of about 125 low and middle-income countries in which people generally have a lower standard of living with access to fewer goods and services than people in high-income countries.
- The remaining 0.4 billion live in countries in transition, which include the Baltic states, eastern Europe and the Commonwealth of Independent States.

Facts and Figures on Hunger and Poverty

- Worldwide, more than 1 billion people currently live below the international poverty line, earning less than \$1 per day.
- Among this group of poor people, many have problems obtaining adequate, nutritious food for themselves and their families. As a result, 815 million people in the developing world are undernourished. They consume less than the minimum amount of calories essential for sound health and growth.
- Undernourishment negatively affects people's health, productivity, sense of hope and overall well-being. A lack of food can stunt growth, slow thinking, sap energy, hinder fetal development and contribute to mental retardation.
- Economically, the constant securing of food consumes valuable time and energy of poor people, allowing less time for work and earning income.
- Socially, the lack of food erodes relationships and feeds shame so that those most in need of support are often the least able to call on it.

Go to the [World Food Programme](#) website and click on either “Counting the Hungry” or “Interactive Hunger Map” for presentations on hunger and poverty around the world.